



What makes a hero?

Reflecting on your own heroes, what makes them heroic?

What are some traits/characteristics of those heroes?

What actions have they taken that are heroic?

What are some of your traits and characteristics?

How do you show them?

What similarities do you find between yourself and your heroes?

Consider your definition of an everyday hero.

Hero Town defines an everyday hero as an individual who voluntarily acts to create positive change, on behalf of themselves or the community, accepting potential risks and/or sacrifice. What do you think of this definition?